

We provide lifejackets & wet weather gear. You will need to bring with you enough clothing for the course duration and a sleeping bag. Here's a list...

Sea Boots (hiking boots or wellies if you have those)
Sunglasses (Cheap as they may go overboard)
Sun cream
Wash bag & Towel
Torch (Red Light Preferable)
Good sleeping bag & Travel Pillow (if you have 1)
5 pairs of socks minimum
Merino Thermal underwear
2 other thin long-sleeved tops (Running or Hiking clothing is perfect)
Hiking Trousers & Shorts (If we get lucky with weather)
Fleece
Body Warmer (the extra night-time layer)
Woolly hat (Cheap as it may go overboard)
1 full set of street clothes inc. shoes to put on when we are in port
Soft kit bag for easy storage...no suitcases!
1 digital device - preferably a phone
Notebook
Personal Sailing Logbook (if you have one)