

Helming		Emergency Situations	
Tiller & Console steering		MOB	
"Steer before Gear"		MOB Recovery	
Wind & Tide Awareness			
Stemming the tide		Weather	
Helm control at different speeds		Sources of Forecast	
"Steer before Gear"		Interpretation of Forecast	
Confined space manoeuvring			
		Ropework	
Mooring & Anchoring		Knots & their uses	
Lines & Fenders setup & use		Use of Bollards, Rings & Cleats	
Alongside mooring			
Mooring to a buoy			
Slips & Springs			
Where to anchor			
How to anchor			
Safety			
Daily checks			
Use of Lifejackets			
Kill cord			
Use of Flares			
Rescue Procedures			
Crew Responsibility			
Basic Navigation			
Latitude & Longitude			
Chart Symbols			
Buoyage			
Almanac			
Rules of the Road			
Who gives way?			
Risk of Collision			