

<b>Charts, Publications &amp; Nautical Terms</b>		<b>Emergency Situations</b>	
Basic Terms		MOB	
Chart Overview - Symbols & Lights		MOB Recovery	
Chart Datum - Depths & Heights		Sending a distress message	
<b>Buoyage</b>		Securing a tow	
Lateral Marks		Aground	
Cardinal Marks		Rules of the Road	
Isolated Danger & Safe water		Who gives way?	
Where to find information		Risk of Collision	
Navigation		Lookout - day & night	
Plotting Position		<b>Electronic Navigation</b>	
Measuring distance & bearing		GPS Terms	
Position Fixing (DR, EP & 3 Point Fix)		GPS Use	
Heading & Course Over Ground		Using Waypoints & VMG	
Course to Steer		<b>Weather &amp; Tides</b>	
Variation & Deviation		Low system explained	
Use of Logbook		Forecasts explained	
<b>Boat Preperation</b>		Causes of Tide - Rule of 12ths	
Engine WOBBLED & Boat Checks		Tidal Diamonds & Atlas	
Sail Selection		Tidal Curve & Secondary Ports	
Crew Briefing		<b>Handling under sail &amp; Helming technique</b>	
<b>Safety</b>		Points of Sail & Sail Trim	
Yacht Safety Equipment		Wind Awareness	
Personal Safety Equipment		Anchoring / Mooring buoy pickup under sail	
VHF use (Mayday) & GPS (MOB button)		Hove to	
Use of Flares		Handling under power	
Use of Lifejackets & Harnesses		Propwalk & Tight Turning	
Liferaft Procedure		Slips, Springs & Lasoo	
Helicopter Rescue Procedures		Alongside / Marina berthing & un-berthing	
Crew Responsibility		Mooring to a buoy	
<b>Engine</b>			
Parts of Engine & Operation			
Changing the impellor			
Bleeding the fuel system			

*We provide lifejackets & wet weather gear. You will need to bring with you enough clothing for the course duration and a sleeping bag. Here's a list...*

- Sea Boots (hiking boots or wellies if you have those)
- Sunglasses (Cheap as they may go overboard)
- Sun cream
- Wash bag & Towel
- Torch (Red Light Preferable)
- Good sleeping bag & Travel Pillow (if you have 1)
- 5 pairs of socks minimum
- Merino Thermal underwear
- 2 other thin long-sleeved tops (Running or Hiking clothing is perfect)
- Hiking Trousers & Shorts (If we get lucky with weather)
- Fleece
- Body Warmer (the extra night-time layer)
- Woolly hat (Cheap as it may go overboard)
- 1 full set of street clothes inc. shoes to put on when we are in port (Keep in a plastic bag)
- Soft kit bag for easy storage...no suitcases!
- 1 digital device - preferably a phone
- Notebook
- Personal Sailing Logbook (if you have one)