

Charts, Publications & Nautical Terms		Emergency Situations	
Basic Terms		MOB	
Chart Overview - Symbols & Lights		MOB Recovery	
Chart Datum - Depths & Heights		Sending a distress message	
Buoyage		Securing a tow	
Lateral Marks		Aground	
Cardinal Marks		Rules of the Road	
Isolated Danger & Safe water		Who gives way?	
Where to find information		Risk of Collision	
Navigation		Lookout - day & night	
Plotting Position		Electronic Navigation	
Measuring distance & bearing		GPS Terms	
Position Fixing (DR, EP & 3 Point Fix)		GPS Use	
Heading & Course Over Ground		Using Waypoints & VMG	
Course to Steer		Weather & Tides	
Variation & Deviation		Low system explained	
Use of Logbook		Forecasts explained	
Boat Preperation		Causes of Tide - Rule of 12ths	
Engine WOBBLED & Boat Checks		Tidal Diamonds & Atlas	
Sail Selection		Tidal Curve & Secondary Ports	
Crew Briefing		Handling under sail & Helming technique	
Safety		Points of Sail & Sail Trim	
Yacht Safety Equipment		Wind Awareness	
Personal Safety Equipment		Anchoring / Mooring buoy pickup under sail	
VHF use (Mayday) & GPS (MOB button)		Hove to	
Use of Flares		Handling under power	
Use of Lifejackets & Harnesses		Propwalk & Tight Turning	
Liferaft Procedure		Slips, Springs & Lasoo	
Helicopter Rescue Procedures		Alongside / Marina berthing & un-berthing	
Crew Responsibility		Mooring to a buoy	
Engine			
Parts of Engine & Operation			
Changing the impellor			
Bleeding the fuel system			